

## CHILDREN'S MENU

### Kids Live Well Healthy Options

Our commitment to taste, nutrition and low calories  
Selections are 600 calories or less.

All healthy option meals come with apple juice,  
fresh-squeezed fruit soda or skim milk.

**Grilled Herb-Seasoned Chicken Tenderloin** 6.95  
Steamed spinach and sliced fresh apples

**Linguini Pasta, Marinara Sauce** 6.95  
Goldfish green salad

**Grilled Shrimp and Pineapple** 7.95  
Steamed short grain rice

### Fresh-Squeezed Fruit Soda

Lemon & orange, touch of sugar, splash of club soda

**Pita Pizza Mania** 6.95  
Stretchy, melty mozzarella, fresh sweet pineapple

**Harry's Famous Prime Rib** 14.50  
Mashed potatoes and broccoli (little trees)

**Grilled Filet Mignon** 16.95  
Mashed potatoes and broccoli (little trees)

**Steamed King Salmon Medallion** 14.95  
Mashed potatoes and broccoli (little trees)

**Macaroni and Cheese** 5.95  
Add a cut up hot dog 1.00

**Grilled Hamburger or Cheeseburger** 6.95  
Sliced fresh apples

**"Krabby Patty" Lump Crab Cake Sandwich** 13.95  
Lettuce, tomato, pickle, fresh sweet pineapple

**Buttermilk Battered Fried Chicken Fingers** 7.95  
Fresh fruit cup and green peas

Harry's says, "Please eat your peas!"

**Harry's Hot Dog, New England-Style Bun** 5.95  
Fresh fruit cup

**Grilled Cheese and Tomato Soup** 7.95  
So tempting to dip...ready, set, dip!

### Sides \$1.95

Fresh-cut French Fries/Mashed Potatoes/ Potato Chips  
Seasoned Spinach/ Steamed Asparagus/Applesauce  
Fresh Seasonal Fruit Cocktail/Granny Smith Apple & Peanut  
Butter/ Goldfish Green Salad  
Iceberg lettuce, sliced strawberries, goldfish cracker  
croutons, choice of dressing

\*Please note that we use peanut oil for all fried food.\*

Please advise us of any allergies or dietary needs; it is our pleasure to  
accommodate all requests. Children's menu for ages 12 and younger

### Desserts

Ice Cream Sundae	2.50
Fresh Strawberries, Chocolate Dipping Sauce	2.50
Ice Cream Sandwich	1.50
Push-Up Ice Cream Pop	1.50

### FUN FOOD FACTS

The word "Salary" comes from "Salt"!

Popcorn has been around for 6,000 years.

The closer a food is to its natural state, the healthier it is for you: An apple is better than apple sauce, which is better than bottled apple juice, which is better than apple pie.

There are 1,200 varieties of watermelon.

The world record for eating cheesecake is 11 pounds eaten in nine minutes – by Sonya Thomas, who weighs 105 pounds.

The color of a chile is no indication of its spiciness, but size usually is – the smaller the pepper, the hotter it is.

The dye used to stamp the grade on meat is edible. It's made from grape skins.

The first soup was made of hippopotamus. The earliest archeological evidence for the consumption of soup dates back to 6000 BC and it was hippopotamus soup!

Banana trees are not actually trees – they are giant herbs.

Have a Tomato with your Burger!

When a source of Vitamin C (orange, lemon, grapefruit, strawberry, tomato, potato, etc.) is eaten with meat or cooked dry beans, the body makes better use of the iron in the protein food.